



Life Church Smyrna

Sunday, August 7, 2022 @ 10:00am

Pastor Shell Osbon

Message Notes // Asking For A Friend // Part 08

Matthew 5:21-22 ²¹“You have heard our ancestors were told, ‘You must not murder. If you commit murder, you are subject to judgment.’ ²²But I say, if you are even angry with someone, you are subject to judgment! If you call someone an idiot, you are in danger of being brought before the court. And if you curse someone, you are in danger of the fires of hell.” (NLT)

Is Being Angry Wrong?

Ecclesiastes 7:9b “Anger rests in the bosom of fools.” (NKJV)

Psalms 37:8 “Stop being angry! Turn from your rage! Do not lose your temper - it only leads to harm.” (NLT)

Proverbs 14:29 “A wise man controls his temper. He knows that anger causes mistakes.” (LB)

Proverbs 15:18 “A quick-tempered man starts fights; a cool-tempered man tries to stop them.” (LB)

Proverbs 19:11 “If you are sensible, you will control your temper. When someone wrongs you, it is a great virtue to ignore it.” (NLT)

Proverbs 29:11 “Fools vent their anger, but the wise quietly hold it back.” (NLT)



Matthew 21:12-13 ¹²“Jesus entered the Temple and began to drive out all the people buying and selling animals for sacrifice. He knocked over the tables of the money changers and the chairs of those selling doves. ¹³He said to them, ‘The Scriptures declare, ‘My Temple will be called a house of prayer,’ but you have turned it into a den of thieves!’” (NLT)

Ephesians 4:26a “Don’t sin by letting anger control you.” (NLT)

Ephesians 4:26b “Don’t let the sun go down while you are still angry.” (NLT)

Ephesians 4:27 “For anger gives a foothold to the devil.” (NLT)

Ephesians 4:31-32 ³¹“Get rid of all...anger as well as all types of evil behavior. ³²Instead, be kind to each other, tenderhearted, forgiving one another just as God through Christ has forgiven you.” (NLT)

James 1:19 “Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.” (NLT)

The big idea: You can ask God anything!



Loving God! Loving People! Loving Life!