



Life Church Smyrna
Wednesday, July 12, 2017 | 7pm
Pastor Christian Salzillo

Message Notes | Dive In - Discipleship | Part Five

I. The Body's Role in Spiritual Transformation

Matthew 26:41 NIV ⁴¹ "Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

Romans 8:5 NIV ⁵ Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.

"What we feed will grow, and what we starve will die."

A. The body must be **Redeemed**

Romans 8:10-11 NIV ¹⁰ But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness. ¹¹ And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

1 Corinthians 6:19-20 NIV ¹⁹ Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your bodies.

B. The body must be **Disciplined**

Romans 8:12-13 NIV ¹² Therefore, brothers and sisters, we have an obligation—but it is not to the flesh, to live according to it. ¹³ For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.

Galatians 5:16 NIV ¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh.

Before we can conquer the world, we must first conquer the self. -J Oswald Sanders

1 Corinthians 9:27 NIV ²⁷ No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

Almost all of us are acutely aware of how the incessant clamorings of our bodies defeat our intentions to "be spiritual." -Dallas Willard

"our bodies are poised to sin, only awaiting the occasion."

1 Timothy 4:7 NIV Train yourself to be godly...

"Our training will leave our body poised to do what Christ would do, well before the occasion arises." -Dallas Willard

C. The body must be **Offered to God**

Romans 12:1 NIV ¹ Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

Romans 6:12-13 NIV ¹² Therefore do not let sin reign in your mortal body so that you obey its evil desires. ¹³ Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness.

Of course one cannot overcome the hardened patterns of desires by force of will alone. Rather, it is as we by faith place our bodily being in subordination to Christ that we experience a new presence in our members, moving them toward the good things of God and allowing the old bodily forces to recede into the background of life where they belong. -Dallas Willard

Leviticus 6:12-13 ¹² The fire on the altar must be kept burning; it must not go out. Every morning the priest is to add firewood and arrange the burnt offering on the fire and burn the fat of the fellowship offerings on it. ¹³ The fire must be kept burning on the altar continuously; it must not go out.



Loving God! Loving People! Loving Life!