



Life Church Smyrna
Sunday, June 17, 2018 | 10:30am
Pastor Shell Osbon

Message Notes | You've Been Down Long Enough!

Acts 3:1-11 ¹“Peter and John went to the Temple one afternoon to take part in the three o’clock prayer service. ²As they approached the Temple, a man lame from birth was being carried in. Each day he was put beside the Temple gate, the one called the Beautiful Gate, so he could beg from the people going into the Temple. ³When he saw Peter and John about to enter, he asked them for some money. ⁴Peter and John looked at him intently, and Peter said, ‘Look at us!’ ⁵The lame man looked at them eagerly, expecting some money. ⁶But Peter said, ‘I don’t have any silver or gold for you. But I’ll give you what I have. In the name of Jesus Christ the Nazarene, get up and walk!’ ⁷Then Peter took the lame man by the right hand and helped him up. And as he did, the man’s feet and ankles were instantly healed and strengthened. ⁸He jumped up, stood on his feet, and began to walk! Then, walking, leaping, and praising God, he went into the Temple with them. ⁹All the people saw him walking and heard him praising God. ¹⁰When they realized he was the lame beggar they had seen so often at the Beautiful Gate, they were absolutely astounded! ¹¹They all rushed out in amazement to Solomon’s Colonnade, where the man was holding tightly to Peter and John.” (NLT)

1. You’ve Got To Look Up

Acts 3:4-5 ⁴“Peter and John looked at him intently, and Peter said, ‘Look at us!’ ⁵The lame man looked at them eagerly, expecting some money.” (NLT)

Psalms 121:1-2 ¹“I look up to the mountains - does my help come from there? ²My help comes from the Lord, who made heaven and earth!” (NLT)

1 Corinthians 11:1 “You must follow my example, as I follow the example of Christ.” (CEV)



2. You’ve Got To Give Up

Acts 3:6 “Peter said, ‘I don’t have any silver or gold for you. But I’ll give you what I have. In the name of Jesus Christ the Nazarene, get up and walk!’” (NLT)

Matthew 26:39 “Jesus went a little farther and fell on His face, and prayed, saying, ‘O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will.’” (NKJV)

3. You’ve Got To Get Up

Acts 3:7-8 ⁷“Then Peter took the lame man by the right hand and helped him up. And as he did, the man’s feet and ankles were instantly healed and strengthened. ⁸He jumped up, stood on his feet, and began to walk! Then, walking, leaping, and praising God, he went into the Temple with them.” (NLT)

Psalms 40:2 “He pulled me out of a dangerous pit, out of the deadly quicksand. He set me safely on a rock and made me secure.” (GNB)

The big idea: It’s time for things to change!



Loving God! Loving People! Loving Life!