



Life Church Smyrna

Sunday, September 27, 2020 | 10:30am

Pastor Shell Osbon

Psalm 37:4 “Do what the Lord wants and He will give you your heart’s desire.” (CEV)

Boundaries are defined as “anything that hinders, limits, restricts or prevents movement and progress.”

1. Heart Boundaries

In Biblical terms, the heart is “the foundation of man’s intellect, thoughts, passions, desires, appetites, purposes and endeavors.”

a) Commit Your Heart

2 Chronicles 16:9 “The eyes of the Lord search the whole earth in order to strengthen those whose hearts are fully committed to Him.” (NLT)

Jeremiah 29:13 “You will seek Me and find Me when you search for Me with all your heart.” (NKJV)

Proverbs 3:5-6 ⁵“Trust in the Lord with all your heart. Never rely on what you think you know. ⁶Remember the Lord in everything you do, and He will show you the right way.” (GNB)

b) Cleanse Your Heart

Jeremiah 17:9 “The heart is the most deceitful thing there is and desperately wicked. No one can really know how bad it is!” (LB)

Psalm 51:10 “Create in me a clean heart, O God, and renew a right spirit within me.” (NLT)

Psalm 119:11 “I have hidden Your Word *in my heart* that I might not sin against You.” (NLT)

Message Notes // Boundaries // Part 5



c) Guard Your Heart

Proverbs 4:23 “Above all else, guard your heart, for it affects everything you do.” (NLT)

Philippians 4:6-7 ⁶“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.” (NKJV)

The big idea: We need boundaries to help keep us safe.



Loving God! Loving People! Loving Life!